

Piglet Mindset Educational Outreach

LESSON PLANS 

FROM PIGLET THE DEAF, BLIND, PINK PUPPY



Adapted from the Piglet Mindset
lesson plans of

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Plainville, MA

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Piglet the
deaf, blind,
pink puppy!



Just a reminder...

Piglet wasn't always such a happy guy. In fact, he was **rescued** from a hoarding situation in Georgia along with my mom, 3 littermates, and many of my relatives. He is a double dapple **dachshund chihuahua mix** which is why his haircoat is white and he was born with congenital ear and eye defects. **Piglet is deaf and blind.** When he was a tiny baby he was extremely **anxious and screamed constantly.** He was lucky to find a safe, supportive home with a family that showers me with **unconditional love.** His situation was 100% preventable by spaying and neutering and NOT allowing **two dapple (merle)** colored dogs to breed. **Placing dogs with special needs like me is not easy.** While some find great homes, many find themselves **abandoned or in rescues and shelters.**



A lot of people ask how Piglet manages without being about to see or hear

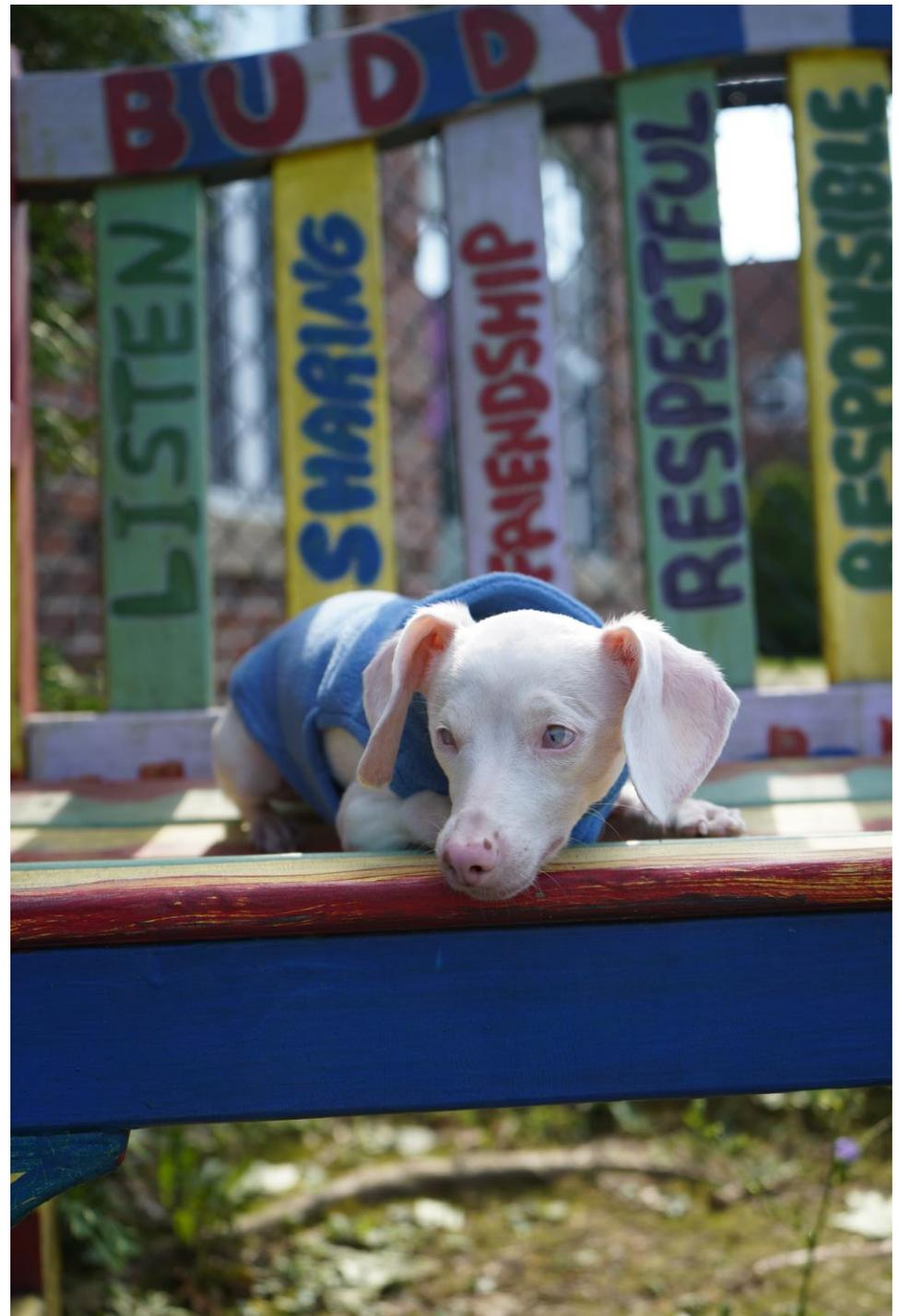
They want to know how he gets around without two of the five senses. They don't understand how **he can have a good quality of life** without what they think are the two most important senses;



Hearing



Sight/Vision





But Piglet's outlook on the situation is actually very positive!

Let's face it, **he has over half of the five senses**, which is a pretty good percentage! So, rather than focusing on the two senses that he doesn't have, **he has learned to optimize the use of the three senses that he does have.**

Having three senses gives Piglet the opportunity to have an exceptionally **good quality of life.**

They are:



Smell



Touch



Taste

Growth Mindset/Piglet Mindset

In the summer of 2017 I connected with an innovative 3rd grade teacher from Massachusetts. She had been following my tiny deaf blind puppy on Facebook and was planning to use his videos to teach growth mindset to her students. With her insight into what an amazing growth mindset model Piglet is for children, she coined the phrase Piglet Mindset and created a full growth mindset curriculum centered around Piglet, the deaf blind pink puppy, which also includes lessons in acceptance, inclusion, empathy, and kindness.

We have collaborated to design lesson plans to share with teachers who are interested in using Piglet as part of their growth mindset and inclusion curriculum.

I'm excited to introduce our authentic, engaging, interactive Piglet Mindset lesson plans. We encourage teachers to add to and improvise to fit their own teaching style and classroom atmosphere. Materials are found here in this powerpoint as well as on Piggy's website.



 To learn more about Piglet and his Piglet Mindset, visit his website, pigletmindset.org.

We are available to collaborate and support your efforts. Please let us know how you are using our tiny Piglet in your classroom.

Thanks very much, Melissa Shapiro, DVM, Piglet's Mom



A Piglet Mindset is:

- Facing challenges with a positive attitude.
- Focusing on what you have and moving past what you don't.
- Accepting individuals for who they are and including them despite their differences.
- Having empathy and understanding towards others and following up with positive actions.
- Being kind to all people and animals.



#PigletStrong



Piglet Mindset Educational Outreach Program Support from Piglet

When you introduce your students to Piglet, the deaf blind pink puppy and incorporate Piglet Mindset lessons into your curriculum, we will:

Provide a personalized video greeting for your class from Piglet and his pack.

Correspond with the children for holidays and other key points during the school year.

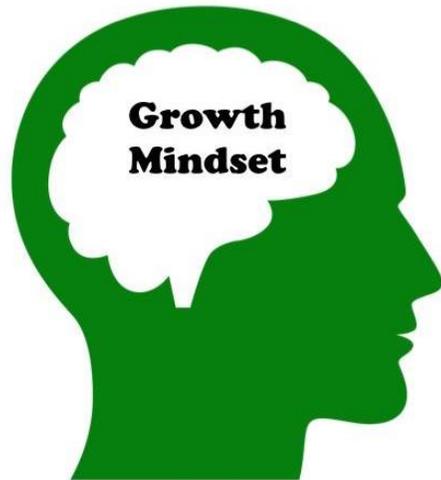
Provide Piglet Stickers and small Piglet Merch at no charge or at a discounted rate.

Schedule School visits and Virtual visits depending on location and availability.

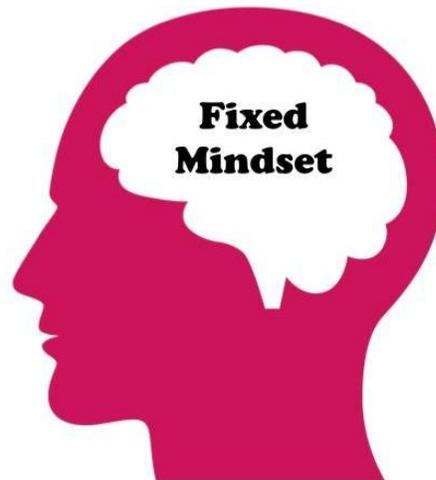


Getting Started: Growth vs. Fixed Mindset

What type of mindset do I have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.



Activities:

Share the Piglet PowerPoint or PDF files with students and have them do a **Piglet Mindset Brainstorm**

 [The Story of Piglet, the deaf blind pink puppy](#)

 [What's so Special About Piglet](#)

All educational materials are available in PDF and PowerPoint format at PigletMindset.org.



Piglet Mindset

Activity:

Have the students work in pairs to create encouraging GROWTH MINDSET (Piglet Mindset) posters. Save them as it may be helpful to bring them out throughout the year when the students need a boost (during standardized testing).

Other Resources:

Free Growth Mindset/Affirmations Yoga:

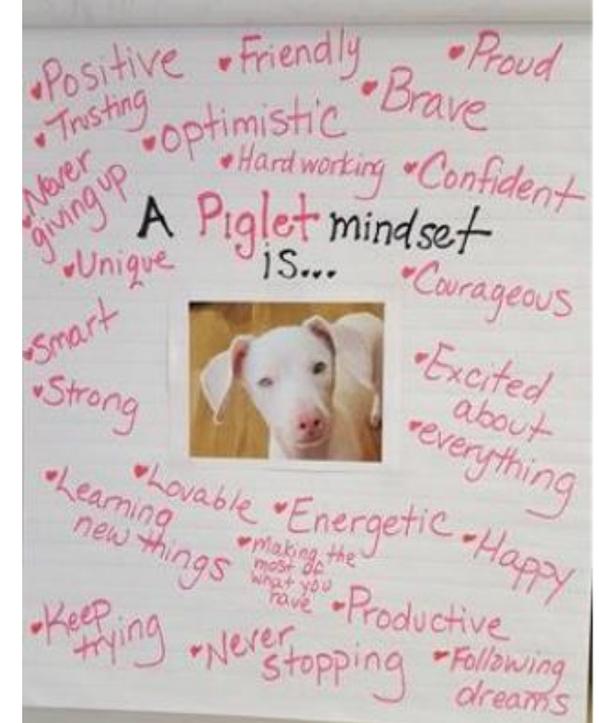


<http://www.momentsaday.com/growth-mindset-yoga-free-printable/>

Free Growth Mindset Story/Activity:



https://www.entangledharmony.com/growth_mindset_children_story/



We are a
FAMILY!



Incorporate the
5 Growth Mindset Stances
into your school year.

Optimism **Resilience** **Empathy**
Flexibility **Perseverance**

Include these Piglet Mindset related activities
throughout the school year.

- Piglet Mindset Ambassador of the Week
- Piglet Ear Head Bands
- Piglet's Inclusion Pack lessons in Acceptance, Inclusion, Empathy, and Kindness
- Piglet Mindset Journaling for students

These activities can be found towards the end of this PowerPoint.



Optimism (Sep. – Oct.)



Optimism:

- Seeing the best in all situations
- Hopefulness about the future



Read Outloads:



<https://omaha.bibliocommons.com/list/share/71257020/657889927>



Other Resources:



Read Silly Billy and create a worry doll to help children who struggle with anxiety.

<http://www.mylittlebookcase.com.au/books/silly-billy-worry-dolls-for-kids-how-to-make-your-own/>



Activities:

Have the students brainstorm something they find challenging in school or at home on an index card (front side), then they can turn it over to create a positive mantra or find a positive quote to help them change their mindset.

Be sure to include Piglet's optimism in the class discussion.

Example:

Front of Card



I'm bad at math.

Back of Card



I am proud of myself for how hard I am trying to learn my multiplication facts!

Flexibility (Nov. – Dec.)



Flexibility:

- Going with the flow
- The ability to change or adjust
- Able to compromise



Read Outloads:



<https://www.amazon.com/ideas/amzn1.account.AF.PY3TLL33S424FXCI5CV7LCYOCA/3SVP7MN2YWPVA>



Other Resources:



Show video clips of Piglet interacting with his siblings (on YouTube, Facebook, or Instagram) and discuss how the pack is flexible with his needs and quirks.



Activities:

Take a favorite game of the class and give the students time to brainstorm changing the rules. Then, have the students replay the game using the new rules.



Resilience (Jan. – Feb.)



Resilience:

- Elasticity
- The ability to bounce back when faced with challenges or difficulties.



Read Outloads:



<https://afineparent.com/gift-guides/childrens-books-about-resilience.html>



Other Resources:



Show video clips of Piglet interacting with his siblings (on YouTube, Facebook, or Instagram) and discuss ways in which he is resilient.



Activities:

Have students work in pairs. One student will face the board (direction giver) while the other student faces away (picture drawer). Show a picture on the board and have the student facing the board give verbal directions to the other student on how to draw the picture without looking.



Perseverance (Mar. – Apr.)



Perseverance:

- Not giving up.
- Keep doing something even when it gets hard.



Read Outloads:



<https://bookroo.com/books/topics/perseverance/>



Other Resources:



[Scholastic Problem-Solving Part 1](#)



[Scholastic Problem-Solving Part 2](#)



[Scholastic Problem-Solving Part 3](#)



Activities:



Share [Piglet and the Three Senses](#)

Then, have the students try and complete a small puzzle blindfolded. If they struggle have a classmate help them with verbal support.



Empathy (May – Jun.)



Empathy:

- To understand and share the feelings of another.
- To be able to look at something from someone else's perspective.



Read Outloads:



<https://www.readbrightly.com/books-that-model-empathy-compassion-young-readers/>



Activities:

Discuss what it's like to be Piglet. Children should think about how they would feel and how they would communicate with their parents and friends if they were unable to hear them or see them.

Week of Kindness: The students will be assigned a classmate for whom they will do daily acts of kindness. (Monday- Create a bookmark, Tuesday- Write a SPARK or praise note, Wednesday- decorate a special pencil, Thursday- Create a card of encouragement, Friday- compliments, kind words, and going out of their way for their person)



End of the Year Wrap-Up

✓ Activities:



Do a T-chart share out with the class to showcase how Piglet is a role model for each of the 5 stances of Growth Mindset.



Share [A Piglet Mindset](#)



Growth Mindset	Piglet:
EMPATHY Understand the feelings of another	His parents & pack help him and understand his disabilities
PERSEVERANCE Do not give up!	Piglet uses his other senses to help him do what he needs to do.
RESILIENCE We learn from mistakes!	He maps his surroundings and learns his way around obstacles.
OPTIMISM Staying positive!	He faces each day with enthusiasm!
FLEXIBILITY Able to adjust or compromise.	His parents & pack let him be who he needs to be. They accept who he is.

End of the Year Wrap-Up (cont.)

Activities:



Create SPARK (Praise) notes for each of the 5 stances so students can look for and praise each other when they see them in action.



Optimism

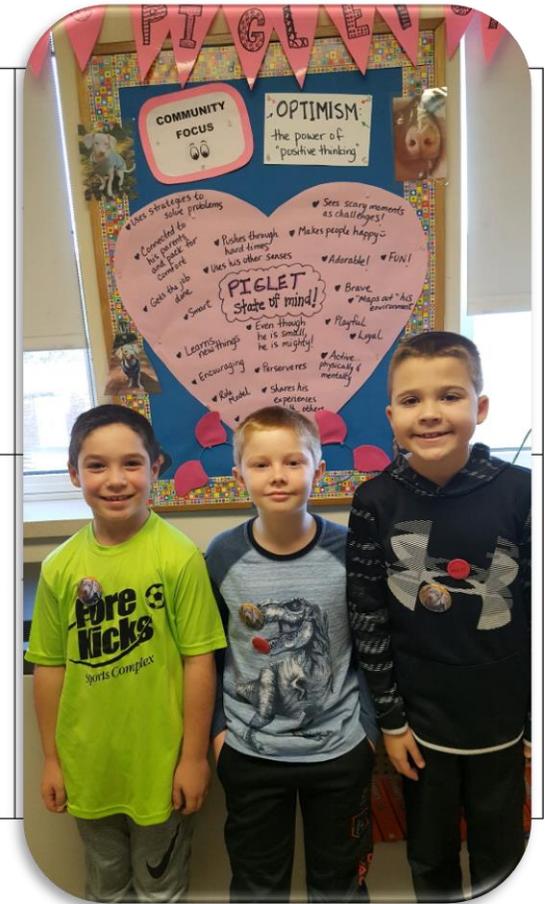
 _____ created a SPARK today by showing *optimism*.

From _____

Optimism

 _____ created a SPARK today by showing *optimism*.

From _____



Piglet Mindset Ambassador of the Week

- Similar to Student of the Week
- Purchase a small supply of shirts in different sizes to have for the Mindset Ambassador to wear one day during the week.
- The Mindset Ambassador is voted by the class to be a leader for growth mindset activities during their week.

*Piglet Mindset Ambassador of the Week with T-shirts
- idea credit to Ms. Joanna Worch,
2nd grade teacher at Foley Elementary, Foley, AL*

✓ Activity:



Piglet State of Mind – Piglet Ears

Felt pink Piglet ears glued to metal hair bands sit in a basket for the children to take when they need a little help getting into a “Piglet State of Mind”.



✓ Activity:



Piglet State of Mind- Make your own ears activity
[Piglet Ear Head Band](#)



Piglet's Inclusion Pack

Lessons in Acceptance, Inclusion, Empathy, and Kindness



Watch/Share [Piglet's Inclusion Pack](#)

- Discuss the ways in which Piglet's Pack of 6 rescued dogs accept, include, and are kind to Piglet in their daily lives, routines, and activities.
- Discuss the similarities between the way Piglet's dog friends accept and include him and the way children do the same for their classmates and friends who have disabilities, look different, and have their own unique learning styles.



Activity:

Find a local service project to complete as a class. Fundraise for a local animal rescue like the one that saved Piglet or a nonprofit organization that supports people with disabilities and differences.

Piglet's Inclusion Pack

Membership Card

Face challenges with a positive attitude.
Accept others for who they are.
Include others despite their differences.
Always be kind and considerate to all.



Member's Signature

pinkpigletpuppy.org

FB: Piglet, the deaf blind pink puppy IG: @pinkpigletpuppy



Piglet's Inclusion Pack

Annie Dean Susie Evie Zoey Gina
and Piglet

Have students join Piglet's Inclusion Pack



Arrange a party with a virtual visit
with Piglet and his Pack.

Are you ready to join Piglet's Inclusion Pack?

- Face challenges with a positive attitude.
- Accept others for who they are.
- Include others despite their differences.
- Have empathy and understanding towards others.
- Always be kind and considerate to all.

Piglet Mindset Journaling for Students



Activity:

Sample Starter Questions:

1. Do you have a Piglet Mindset today? Support your answer with examples.
2. Did you see someone respond in a Piglet Mindset way? Support your answer with examples.
3. How could you help someone with a disability or different learning way of learning? How could they help you?
4. Have you ever been scared of someone because they had a disability or because they looked different than you?
5. How does it feel when you are treated unfairly?
6. Pretend you are Piglet for a day while you are at school. Tell a story about your day.



Piglet Visit Smile



Piglet Mindset Outreach



They are wearing pink Piglet headbands that they made before our surprise visit.

Feeling the Piglet Mindset?



We hope you'll join us!!

Thank you to Ms. Tricia Fregeau



Piglet Links

E-mail: pinkpigletpuppy@gmail.com

Website: <https://www.pigletmindset.org/>

Instagram: [@pinkpigletpuppy](https://www.instagram.com/pinkpigletpuppy)

Facebook: [Piglet, the deaf blind pink puppy](#)

YouTube: [Piglet, the deaf blind pink puppy](#)

People Magazine Online Article: <https://people.com/pets/deaf-blind-puppy-piglet-teaches-acceptance-and-inclusion/>

NBC Nightly News with Lester Holt: ['Piglet' Inspires](#)

The Dodo videos:

[Piglet's video](#) [Impact video](#) [Little but Fierce](#)

[Piglet Mindset Visit to 3rd Grade Class in Massachusetts](#)

PetInsider.com: [A Piglet State of Mind](#)

Info about double dapple & double merle dogs:

<https://www.doublemerles.info>



Piglet's Inclusion Pack



Piglet

