Piglet Mindset Educational Outreach
Lesson Plans
Piglet, the deaf blind pink puppy

Adapted from the Piglet Mindset lesson plans of
Ms. Tricia Fregeau, 3rd grade teacher
Anna Ware Jackson Elementary School, Plainville, MA

© Copyright 2019, Piglet, the deaf blind pink puppy, Melissa Shapiro, DVM
Hi, I’m Piglet, the deaf blind pink puppy!
I wasn’t always such a happy guy. In fact, I was rescued from a hoarding situation in Georgia along with my mom, 3 littermates, and many of my relatives. I am a double dapple dachshund chihuahua mix which is why my haircoat is white and I was born with congenital ear and eye defects. I am deaf and blind. When I was a tiny baby I was extremely anxious and screamed constantly. I was lucky to find a safe, supportive home with a family that showers me with unconditional love. My situation was 100% preventable by spaying and neutering and NOT allowing two dapple (merle) colored dogs to breed. Placing special needs dogs like me is not easy. While some find great homes, many find themselves abandoned or in rescues and shelters.
A lot of people ask how I manage without being able to see and hear.

They want to know how I get around without two of the five senses. They don’t understand how I can have a good quality of life without what they think are the two most important senses; hearing and eyesight (vision).
My Outlook On My Situation is Actually Very Positive

Let’s face it, I have over 50% of the five senses, which is a pretty good percentage! So, rather than focusing on the two senses that I don’t have, I am thankful for the three senses that I do have.

Having three senses gives me the opportunity to have a surprisingly good quality of life.

This is a PIGLET MINDSET!
This is a Piglet Mindset!

Facing challenges with a positive attitude. Using what I have to achieve my goals.
In the summer of 2017 I connected with an innovative 3rd grade teacher from Massachusetts. She had been following my tiny deaf blind puppy on Facebook and was planning to use his videos to teach growth mindset to her students. With her insight into what an amazing growth mindset model Piglet is for children, she coined the phrase Piglet Mindset and created a full growth mindset curriculum centered around Piglet, the deaf blind pink puppy.

After two years of Piglet Mindset classroom experiences, we have designed lesson plans to share with teachers who are interested in using Piglet as part of their growth mindset curriculum.

I’m excited to introduce our new Piglet Mindset lesson plans. We encourage teachers to add to and improvise to fit their own teaching style and classroom atmosphere.

To learn more about Piglet, visit his website, pinkpigletpuppy.org.

We are available to collaborate and support your efforts. Please let us know how you are using our tiny Piglet in your classroom.

Thanks very much,

Melissa Shapiro, DVM, Piglet’s Mom
Growth Mindset vs. Fixed Mindset

Activities:
Watch the Piglet PDF files with students and have them do a Piglet Mindset Brainstorm
The Story of Piglet, the deaf blind pink puppy
What’s so Special About Piglet
Piglet Mindset

Activity:
Have the students work in pairs to create encouraging GROWTH MINDSET (Piglet Mindset) posters. Save them as it may be helpful to bring them out throughout the year when the students need a boost (during standardized testing).

Other Resources:
Free Growth Mindset/Affirmations Yoga:
http://www.momentsaday.com/growth-mindset-yoga-free-printable/

Free Growth Mindset Story/Activity:
https://www.entangledharmony.com/growth_mindset_children_story/
Incorporate the 5 Growth Mindset Stances into your school year.

• Optimism
• Flexibility
• Resilience
• Perseverance
• Empathy
Optimism (Sept-Oct)

Optimism:
• Seeing the best in all situations
• Hopefulness about the future

Read Alouds:
https://omaha.bibliocommons.com/list/share/71257020/657889927

Other Resources:
Read Silly Billy and create a worry doll to help children who struggle with anxiety.

Activities:
Have the students brainstorm something they find challenging in school or at home on an index card (front side), then they can turn it over to create a positive mantra or find a positive quote to help them change their mindset.

Example:

<table>
<thead>
<tr>
<th>Front of Card</th>
<th>Back of Card</th>
</tr>
</thead>
<tbody>
<tr>
<td>I’m bad at math.</td>
<td>I am proud of myself for how hard I am trying to learn my multiplication facts!</td>
</tr>
</tbody>
</table>
Flexibility (Nov-Dec)

Flexibility:
• Going with the flow
• The ability to change or adjust
• Able to compromise

Read Alouds:
https://www.amazon.com/ideas/amzn1.account.AFPY3TLL33S424FXCI5CV7LCYOCA/3SVP7MN2YWPVA

Activities:
Take a favorite game of the class and give the students time to brainstorm changing the rules. Then, have the students replay the game using the new rules.

Other Resources:
Show video clips of Piglet interacting with his siblings (on YouTube, Facebook, or Instagram) and discuss how the pack is flexible with his needs and quirks.
## Resilience (Jan-Feb)

### Resilience:

- **Elasticity**
- The ability to bounce back when faced with challenges or difficulties.

### Read Alouds:


### Activities:

Have students work in pairs. One student will face the board (direction giver) while the other student faces away (picture drawer). Show a picture on the board and have the student facing the board give verbal directions to the other student on how to draw the picture without looking.
# Perseverance (Mar-Apr)

**Perseverance:**
- Not giving up.
- Keep doing something even when it gets hard.

**Other Resources:**

**Read Alouds:**
- [https://bookroo.com/books/topics/perseverance/](https://bookroo.com/books/topics/perseverance/)

**Activities:**
- Share the [Piglet and the Three Senses PDF](https://bookroo.com/books/topics/perseverance/)
- Then, have the students try and complete a small puzzle blindfolded. If they struggle have a classmate help them with verbal support.
Empathy (May-Jun)

Empathy:
• To understand and share the feelings of another.
• To be able to look at something from someone else’s perspective.

Read Alouds:
https://www.readbrightly.com/books-that-model-empathy-compassion-young-readers/

Activities:
Week of Kindness-The students will be assigned a classmate for whom they will do daily acts of kindness. (Monday- Create a bookmark, Tuesday- Write a SPARK or praise note, Wednesday- decorate a special pencil, Thursday-Create a card of encouragement, Friday-compliments, kind words, and going out of their way for their person)

Find a local service project to complete as a class. Fundraise for a local animal rescue like the one that saved Piglet.
End of the Year Wrap-Up

Activities:

• Do a T-chart share out with the class to showcase how Piglet is a role model for each of the 5 stances of Growth Mindset.

• Watch [Piglet Mindset PDF]
End of the Year Wrap Up

Create SPARK (Praise) notes for each of the 5 stances so students can look for and praise each other when they see them in action.
Piglet State of Mind- Piglet Ears

Felt pink Piglet ears glued to metal hair bands sit in a basket for the children to take when they need a little help getting into a “Piglet State of Mind”.

Piglet State of Mind- Make your own ears activity
Piglet Ear Head Band
Mindset Ambassador of the Week

• Similar to Student of the Week
• Purchase a small supply of shirts in different sizes to have for the Mindset Ambassador to wear one day during the week.
• Mindset Ambassador is a leader for growth mindset activities during their week.

*T-shirt idea credit to Ms. Joanna Worch, 2nd grade teacher at Foley Elementary, Foley, AL
Support from Piglet, the deaf blind pink puppy

If you introduce your students to Piglet, the deaf blind pink puppy and incorporate Piglet Mindset lessons into your curriculum, we will:

• Provide a personalized greeting for your class from Piglet and his pack.
• Correspond with the children for holidays and other key points during the school year.
• Provide small Piglet Merch at a discounted rate.
• Classroom visits and Facetime sessions are possible depending on location and availability.
Thank you to Ms. Tricia Fregeau
Resources and Links

E-mail: pinkpigletpuppy@gmail.com
Website: https://www.pinkpigletpuppy.org/
Instagram: @pinkpigletpuppy
Facebook: Piglet, the deaf blind pink puppy
YouTube: Piglet, the deaf blind pink puppy
The Dodo videos:
Piglet’s video  Impact video  Little but Fierce
Piglet Mindset Visit to 3rd Grade Class in Massachusetts
PetInsider.com: A Piglet State of Mind
Info about double dapple & double merle dogs: https://www.doublemerles.info
Piglet, the deaf blind pink puppy and his Pack